

# PUBLIC HEALTH & AGEING

Weekly 3-hour classes from  
17 August to 16 November 2017

## COURSE OBJECTIVES

This course is designed to equip professionals for leadership positions in government agencies, health and social institutions, and non-profit organizations that will address the concerns and needs relating to the growing ageing population.

The course will be conducted over 13 weeks (3 hours per week on Thursday evenings). Emphasizing on the application of principles of public health in aging societies, it will provide an overview of the trend of aging population and its increasing relevance for public health planning and policy, both in Singapore and internationally. Participants will have the opportunity to apply these concepts in problem-solving case studies.

## WHO SHOULD ATTEND

The course is targeted at professionals who are Managers and above working in the elderly sector.

Applicants must have at least an Advanced Diploma and at least 6 months of working experience with the elderly.

## TEACHING FACULTY

This course will be taught by academic staff of the Saw Swee Hock School of Public Health, NUS, and expert guest lecturers.

**FONG Ngan Phoon**, Associate Professor  
Saw Swee Hock School of Public Health, NUS

**CHONG Phui Nah**, Chief Executive Officer  
National Healthcare Group Polyclinics

**Gerald KOH**, Associate Professor  
Saw Swee Hock School of Public Health, NUS

**ONG Yunn Shing**, Director (Aged Care Services)  
Ageing Planning Office, Ministry of Health

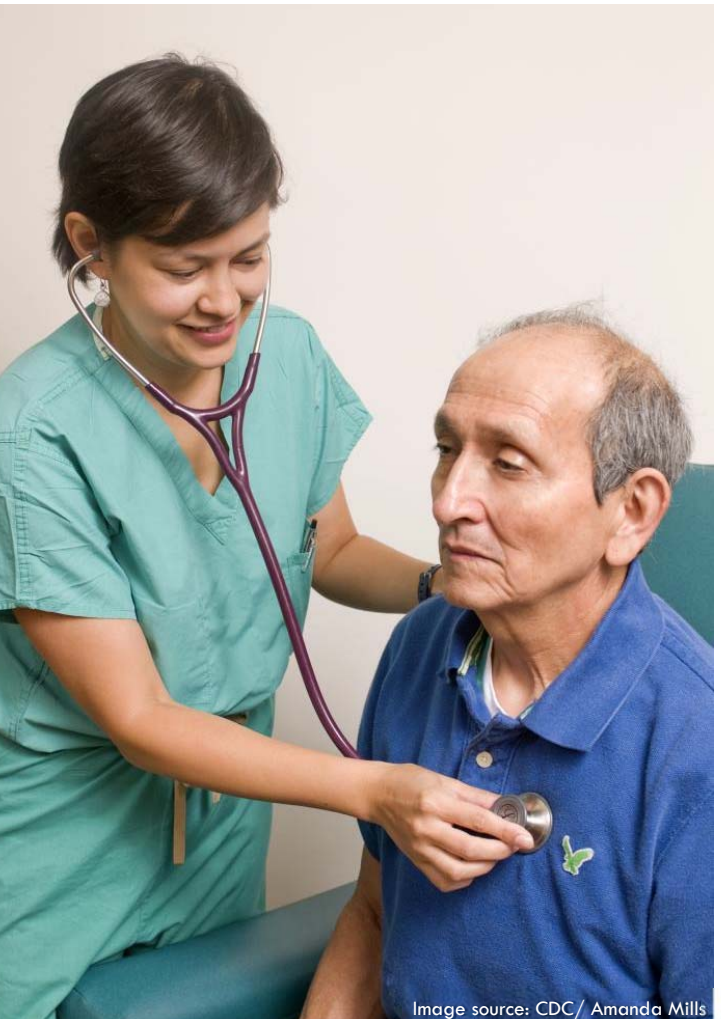


Image source: CDC/ Amanda Mills

**Lydia SEONG**, Associate Professor  
Saw Swee Hock School of Public Health, NUS

**Shyamala THILAGARATNAM**, Director  
Regional Health & Community Outreach Division, Health  
Promotion Board

**Philip YAP**, Senior Consultant, Geriatrics Dept  
Khoo Teck Puat Hospital

**Isaac SIA**, Head of Speech Therapy  
National University Hospital

## COURSE CONTENTS

- ✓ Overview of Public Health and Ageing
- ✓ Demography of Aging
- ✓ Life Course Approach to Healthy Ageing
- ✓ Biological Age-related Changes
- ✓ Physical and Clinical Disorders of Older Persons
- ✓ Epidemiology of Dementia
- ✓ Mental Disorders of Older Persons
- ✓ Public Health Perspective on Speech and Swallowing Disorders in Older Persons
- ✓ Physical and Clinical Disorders of Older Persons
- ✓ Functional Capacity, Disability and Rehabilitation
- ✓ Healthy Life Expectancy and Compression of Morbidity
- ✓ Population Ageing and Primary Care
- ✓ Singapore Government Policies Related to Older Persons and Health Promotion for Older Adults in Singapore
- ✓ Services for Older Persons: Hospital & Community-based Long Term Care and Institutional Long Term Care
- ✓ Caregiving for older persons
- ✓ Ethical & Medico-Legal Issues in Healthcare for Older Persons

## COURSE FEES

**SGD1,337.50** (including prevailing GST)

Course fees include lecture materials.

Closing date for registration: **10 JULY 2017**

Applications are on “first-come-first-serve” basis. Successful applicants will be informed by **14 JULY 2017** and course fees must be received by **28 JULY 2017** to secure a place.

## CANCELLATION

Any cancellation must be conveyed to the course administrator in writing via email.

A cancellation charge of 50% of fee will be levied if the cancellation is received before **28 JULY 2017**

**NO REFUNDS WILL BE GIVEN FROM 28 JULY 2017 ONWARDS** but replacement with another name is permissible.

## ACCOMMODATION

The course is non-residential.



## CONTACT INFORMATION

### Course Coordinator:

Associate Professor Fong Ngan Phoon  
[T] (65) 6516 6698  
[E] ephfnp@nus.edu.sg

### Course Administrator:

Ms Gina Goh  
[T] (65) 6516 7594  
[E] ephgig@nus.edu.sg

REGISTER AT: [HTTPS://TINYURL.COM/PHAGEING2017](https://tinyurl.com/phageing2017)



Address: Tahir Foundation Building, 12 Medical Drive 2, #10-01, Singapore 117549  
URL: <https://www.sph.nus.edu.sg/public-health-professionals>